

Afterwards, Kerrie took me
to a deeper trance where we

self. She facilitates this by saying
'What's happening now?' but

habit or fear, past life therapy
can bring big change."

I FELT LIKE A MILLION DOLLARS AFTERWARDS!



Natalie Moore, primary school teacher, Sydney

*She visited Kerrie Erwin,
pureview.com.au*

"I WAS AT A REALLY LOW POINT IN MY LIFE. I felt like something was draining me so I reached out to Kerrie. I didn't know much about past life therapy at all. I'd had some toxic relationships in the past and was having trouble letting go.

In the session I lay down and closed my eyes and Kerrie guided me into meditation. Firstly, she took me back to my mother's womb. I could hear voices – my mum and dad arguing. My parents had a tough time when my mother was pregnant with me. In the womb I could feel love towards me but tension between them.

Then I moved beyond the womb back to a different lifetime. I was a young American Indian woman, standing in a desert

landscape with tepee tents. While I only saw a glimpse of this life in the session, I knew that my father had died and I lived with my mother. She was ill and I was basically fending for myself. We'd lost our protector, so the other men took advantage of us and stole food from us. I was really hungry.

I relayed what I was seeing and feeling to Kerrie. Then we debriefed about how the past life was affecting my experiences now. Firstly, because food is abundant in this life, I can't control my appetite and struggle with my weight. Now I've confronted it and I'm careful not to fall into bad habits. Secondly, my partners in this life have been controlling. After pinpointing the pattern I'm making better relationship choices.

My demeanour and energy felt uplifted after our session. I felt empowered, happy and grateful. I've had psychic readings before but never a past life regression – it was the best session I've ever had." +