



LOOKING AT THE AURA

Kerrie Erwin, Psychic and Medium

When a person comes to see me, the first thing I do is open up and scan their energy, as I am able to get a lot of information. This is called reading the aura and I only do this with permission, as it would be breaking the Universal law of Karma. It never ceases to amaze me how much you can see in people aura's or energy fields, like a kaleidoscope of vast energy and color. Naive as it seems I found this years when I was younger to realize that not everybody can do this as I found it so easy. The only time it doesn't work is when I am over-emotional or stressed. Often I can see if people have a lot of stress or worry as you can see a big brown blob or dark mass right above their head. I remember once I was doing a course and I could not block out my auric vision of the big brown blob of energy above the teacher's head. I did not say anything but I would always remember the incident.

If you tilt your head backwards and half close your eyes, you can see that the aura is a subtle energy that

surrounds all living things and inanimate objects as well. It is often described as being like a subtle electrical or magnetic energy that radiates from human beings, animals, plants, or anything that has a life force or that is living.

I truly believe, everyone can learn to see auras. It just takes patience and practice. With time, you will be able to see the many beautiful colors that radiate from the body, like a beautiful rainbow. Auras can vary in texture, size, quality, feel and color in relation to the vibrational nature of each individual. We all have a basic vibration rate that fluctuates from moment to moment as we change and develop spiritually. The size of the aura depends on the person's state of health, energy levels, moods, thought patterns and underlying spiritual purpose. The best way to see somebody's aura is with the dimmer switch on against a pale wall. The first thing you will see is what we call the etheric field of the aura which is a white body of energy around the person that is quite easy to see.

Interpreting the aura

Clear bright aura: a healthy, happy vibrant person. The bigger the aura, the healthier they are.

Muddy, thin, weak, shrunken or brown: unhealthy, indicates negativity, depression or emotional turmoil, perhaps sickness.

Colours

Red: may indicate anger, selfishness, hate, a quick temper, power and energy. Alternatively, red can indicate vitality and ambition

I have seen flashes of this around the head, stomach and hip area.

Orange: sensuality and sexuality, pleasure, exercise, creativity, motivation, warmth, passion, balancing, recovery from illness, pride

Yellow: intellectual activity, power of the mind, higher intelligence of the body, study.

Green: balance, harmony, calmness, love, compassion, growth, healing abilities. I once saw a student with a green guide that was an angel. It stood on his right side and was working with him with his healing work. The student went on to be a very successful healer.

Blues: communication, expression, detachment, inspiration and information. Can also indicate new learning for the client.

Turquoise: new age color, positive spiritual growth, new opportunities opening for spiritual learning.

Indigo: intuition, natural psychic ability and awareness, spiritual abilities. I have seen a lot of this over the years in students that are opening up to their latent psychic abilities.

Lavender: divine, master energy, softness, playfulness.

Violet: wisdom, pathway to enlightenment, the bridge between the mind and the higher mind, the bridge from the higher mind to the collective consciousness.

Pink: unconditional love, warmth, tenderness, modesty, gentleness, innocence, healing, empathic, selfless love, timid or shy.

Gold: higher self, brilliance, prosperity, spiritual radiance, higher creativity, in alignment with a master guide's energy such as Jesus or the ascended masters.

Silver: versatility, high energy, constant change, shape-shifter. I have seen this with people that feel they have lived on other planets

Black: depression, wisps of sadness, evil, malice, sinister, low life force, possible entity attachment. "Heaviness feeling."

Grey: narrow minded, stuck in past with emotions, conservative, depressed, low life force energy, and fear.

Note: This type of work does not take the place of your own medical doctor.

INTERESTED IN A PSYCHIC READING

Email editor@kamdha.com with your name, D.O.B and question for our resident Clairvoyant Kerrie Erwin

