

Working With Spirit

By Kerrie Jean Erwin

Part of my life's work as a psychic medium is releasing earth-bound spirits from entrapment from the earth plane.

There are two types of spirits:

- 1. Earth bound spirits. These are spirits who do not yet know they are dead or for some reason have not passed over to the other side;*
- 2. Living spirits. These are spirits who have crossed over successfully into the light or have 'gone home' to receive healing. They have already met up with their soul groups and loved ones on the other side. Some people refer to this place as 'heaven' - this is not up in the air, but in another dimension.*

Whenever I do a reading for someone, it generally starts with a communicator coming in for that person. My own loving guides help me, most notably White Feather who is my main guide or my gatekeepers, Margaret and Red Hawk. I also work with a plethora of other brilliant guides who are all part of my team of spirit helpers.

If I am communicating with someone the client knew who has passed over, I usually get what is called 'proof of survival', so the client knows who I am talking to. This involves details identifying the spirit who has crossed over, including their gender, name, age, how they passed, what they looked like, where they lived, and their relationship to the client. I am sometimes given messages or information the spirit wants them to know. One must remember there are never any secrets in the spirit world; they know everything

Example of a Case Study of a Lost Soul

Frederick had been married to his wife Anna for a very long time. They were both well-educated and came to Australia from an overseas country when they were young. Frederick was able to get work straight away and was very successful. Unfortunately, Anna was not and became despondent, developing a type of depression and schizophrenia. Her whole personality changed and she not only became housebound but was also mean and unhappy and made everybody's life miserable.

Frederick rang me and asked if I could clear his house. Although Anna had been dead for some time he could still feel her energy was around. He had moved on and had a new woman in his life but things were starting to disappear from his house he was sure it was Anna who he feared was not happy with his new arrangement. He was convinced she had come back to haunt him and was jealous and angry that he was in love with another woman.

As soon as I arrived I encased the house with a purple and gold bubble of light to ensure any lost spirits would not be able to escape. Walking in the front door I felt the presence of Anna sitting on the lounge next to her husband. I could feel she had difficulty breathing when she died and she showed me in my mind's eye what had happened to her.

When she was sick, her husband had taken her to the hospital. This was the first time she had left her home since she had become

we have been up to and usually have something to say, as they are eternally linked to us with our love.

As an immortal soul, when a person dies they automatically leave their body and float above in the room or place where they have died. With the commencement of death, their loving guide who they are born with comes in straight away and they are swept up and carried far away from the earth and taken to what we call 'the source'. This is also called 'the light', or 'the other side'; it is similar to earth but a brighter and a vaster space. Once they arrive with their guide they meet others from their own soul group, their council or wise ones, and are taken to spirit hospital, the library or other recreational places on the other side. They are also able to receive healing and make contact with loved ones still on the earth.

On the other hand, earth-bound spirits or lost souls do not cross over and are stuck and confused in the astral. Often they do not know where they are or how they got there. Also they are not aware they are actually dead. Sometimes the reasons can be caused by:

- A fatal accident or accidental death;
- Suicide;
- Fear;
- Religious beliefs;
- Their belief system (perhaps they behaved so badly in their life they fear death and certain circumstances);
- An obsessive love or greed for the material world and earthly possessions;
- Unresolved conflict with their loved ones; and
- Mental illness.

housebound and sick. She was terrified when she later died at the hospital, so instead of leaving with her spirit guide and crossing over into the light, she decided to go back home and jumped back into the car with her husband. She went on to tell me since the onset of her illness she was terrified of leaving the house and spent most of her time in her bed. (This was later confirmed by her husband who nodded in agreement when I told him what she said.)

Walking into her bedroom, I saw her lying under the covers in her bed where she spent most of her time when she was alive. The energy in the room was toxic, very heavy, sad and depressing and I do not know how her husband still managed to sleep there. Moving gently closer so as not to scare her I brought down a porthole of light and told her to open her eyes. I explained that she was dead and no longer belonged here and that it was time to cross over and go home to where all her loved ones were waiting for her.

Once I explained to her that her loved ones were waiting for her and it was time for her to leave she seemed willing to go and jumped very swiftly into the light and said goodbye. This made me realise she was ready. Sometimes, if lost souls are really scared they whimper, and you have to talk to them very lovingly and gently to coax them to leave. I knew Anna was happy to go because she had such a miserable and lonely life. Before she left, she asked me if I would tell both her husband and her daughter that she loved them and she was sorry for all the pain that she had caused.



Earth-bound spirits can wander around lost and confused until they are rescued by either a trained medium and sent into the light, or by their own guide which can take time. Also, earth-bound spirits like to congregate around large groups of people. I have seen and felt numerous spirits at train stations, hospitals and areas where large crowds gather. It is not often you find a lost soul in a lonely house, unless they have accidentally died there or lived there for a while and the home is familiar.

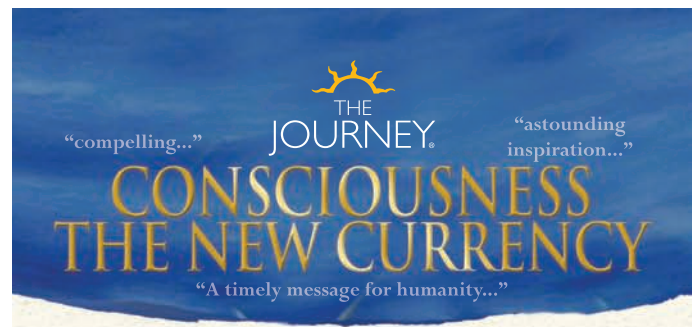
If you have a lost soul in your house it is likely you will have a few issues. Some problems you may encounter are:

- Your home will feel ice cold and unpleasant in certain areas and no matter what you do, the energy will be heavy and unbearable to live in.
- Most of the family living there will have colds, flus or unexplained illnesses.
- There may be continual fights, arguments or disagreements because of the imbalance of the energy in the house.
- It will be almost impossible to sell or make changes to the house because there will be constant delays.
- You may have unexplained or continual problems with electricity or water for no obvious reasons.
- There may be unusual sounds, things disappearing, strange smells and constant confusion.

As soon as Anna was gone I cleansed her room with grandfather sage and energetically cleared out all the stale and negative energy from the rest of the house that had gathered up over all the years of her illness. I also instructed Frederick to sage the house for seven days as a precaution; he was terrified she would come back even though I reassured him it would not happen. Then I went to all the doorways of the house and sealed the energy with some special oil I had made up which consisted of olive oil, garlic and sage. This acts as a deterrent for any other unwanted spirits or negative influences coming in.

After doing this the house felt very calm and relaxed for probably the first time in ages, as all the old energy that had saturated the house for years had finally been shifted into the portholes of light I had set up energetically in the corners of the rooms. Saying goodbye, I hugged my client warmly and wished him a long and happy life. Smiling happily he waved goodbye and closed the door behind him. ❖

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Kerrie Jean Erwin is a professional psychic medium and light worker. Kerrie teaches and works in metaphysics and is trained in hypnotherapies, specialising in past life therapy and 'Life Between Life' with the Michael Newton Institute. Kerrie is currently performing in the Rainbow Show around Sydney, Australia. Visit www.pureview.com.au for more information.



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