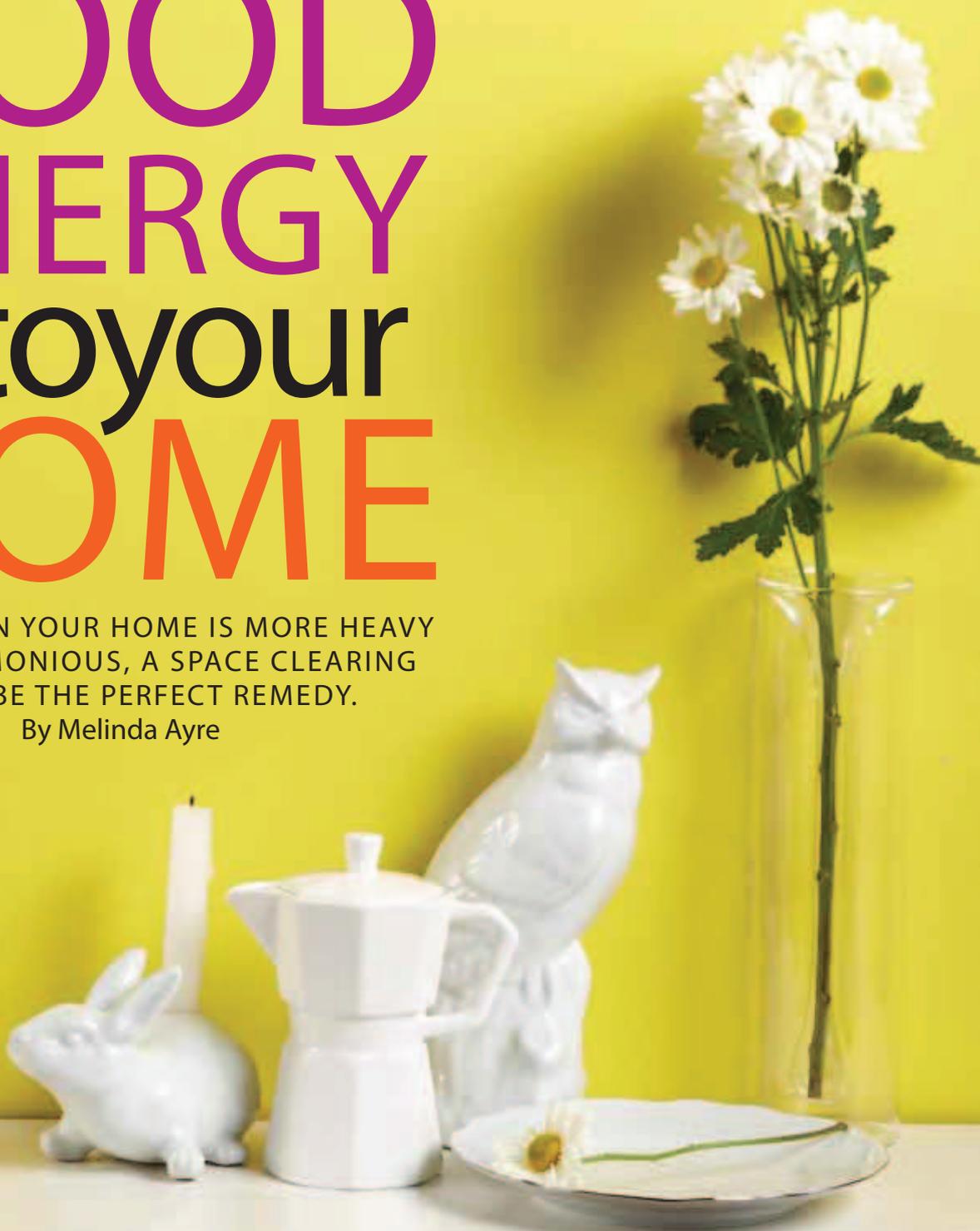


HOW TO Attract GOOD ENERGY into your HOME

IF THE VIBE IN YOUR HOME IS MORE HEAVY THAN HARMONIOUS, A SPACE CLEARING MIGHT BE THE PERFECT REMEDY.

By Melinda Ayre

Just like spring-cleaning, but on an energetic level, space clearing releases negative energy, encourages positive energy and removes 'stuck' spirits. So what goes on when a space clearer visits?





At eight years of age, spirits began visiting me. I would hear footsteps and see people by my bed.

I've done hundreds of ghostbusting jobs in Sydney homes. It's fulfilling work because earthbound spirits create much havoc. The majority of spirits have crossed over and are connected to us by love. But there are ghost spirits who've not passed over successfully because of suicide, accident, murder or unresolved issues.

If you have a spirit in your home, it causes problems – you feel a cold spot or have a terrible feeling when you enter a room. Clients may feel stuck, for example, it's impossible to sell a house when there's an earthbound spirit. If it's a poltergeist (a child spirit), objects move around.

I get so many phone calls, but I can't physically go to everyone's home. I have to ascertain whether there's an entity or simply family issues. I tell people to 'give the house a sage' [space clearers use sage as a cleansing herb] for seven days. If the spirit won't budge, I'll head out.

Working with spirits is emotionally draining so you have to be fit. I have a good diet, train at the gym and don't

drink or take drugs. My clean living keeps me clear-minded.

It's strange, but when I sense an energy spirit, I start burping. It comes from the solar plexus or energy centre – like a psychic horn. A typical job goes like this: I walk in and say, 'Oh, my God (burp!), there's someone over there in the corner (burp!).' I'll ask out loud 'Who's there?' and a voice will say, 'My name is Bob.' I'll say, 'You're dead,' and I bring down a dimensional portal of light, tell them to look into it and cross over. It's a very quick process for me.

Once I've removed the earthbound spirit, the energy no longer feels heavy. Good things in life will begin to flow, unexplained illnesses disappear and continual arguments cease. One house I visited had been on the market for two years. I went straight downstairs and said, 'There was a fire here and lots of people died.' I talked to the spirits gently and crossed them over. I told the family they'd sell the property now – and they did.

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