

Music

Is Food For The Soul



Kerrie Erwin
Psychic and Medium

They say music is food for the soul, as without a doubt songs can tell stories. They are inspirational, creating miracles by healing the human spirit and mending a heavy, sad and broken heart.

Great artists like Aretha Franklin, Miles Davis, David Bowie, Prince, John Lennon, Elvis, and so many others, have been a driving force in all our lives to help, guide and inspire you with your very own poetic desires, imagination, personal beliefs, spiritual healing and creative ideas.

Quite often you can wake up and hear music going through your head early in the morning and it is always a pleasant experience. Music is also used as a sign that our loved ones in the spirit world are, not too far away, watching over us and doing well.

How strange can it be when you are thinking of someone and suddenly a certain song comes on the radio, or you are out somewhere, and you hear a song from yesteryear, very clearly in the background, which takes you back to a wonderful or sad memory that you once experienced. It may also remind you of a certain person or someone you once loved. Music and songs have always told a story which are used throughout time and history. So, it is no surprise spirit will also use music or whatever it can to get a message of love across from the other side.

I once had a client who very sadly lost her small daughter to an illness. As we sat opposite each other in my office, I sensed a small spirit girl singing Kylie Minogue songs loudly in the room. This little spirit child was a delight, full of energy as she danced around the room singing the songs she so dearly loved when she was alive. When I mentioned this, her mother started to laugh and cry at the same time because as I described her, she recognized her instantly and commented how she

loved these songs when she was alive.

As a medium, over the years I have also found that our dearly departed loved ones will often talk about the funeral the family had for them, and how much they appreciated or liked the music chosen on their special day. I can't remember one spirit ever saying or telling me that they did not attend their funeral for that matter and quite often I will see the spirit of the person standing next to their coffin whenever I have ever been to a funeral.

I have also often heard people say that they got a song stuck in their head that reminded them of a loved one, only to find they get a phone call or a message soon after that this person had passed on.

Music can also activate past life memory, from people you once loved, or had a connection with not only in this life but other past lives as well. A certain song can trigger many memories of sadness and great joy.

My grandfather, who I can only remember as a very smart and clever man, was a natural musician. His influence to perform and play randomly for anyone that would take the time to listen, was my first experience which allowed me to appreciate music.

I watched him play the piano with nimble fingers, without any notes, just making it up in his head as he went along.

He was a natural-born entertainer, and he most definitely loved it when we all gathered around the piano, laughing our heads off and singing at the top of our voices. Even his dog would join in, barking away.

Memories and music are a treasure stored forever in our hearts and a signpost, used quite often for the spirit world to get a message of love across.

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